

# EFFECTS OF ADDICTION ON MISSION & TRANSFORMATIVE AGENDA

Kiingati, J. B. (2023). Addictions.

<https://afroheritageconsult.org/wp-content/uploads/2023/03/Addictions-.pdf>

A CASE OF THE AFRICAN RELIGIOUS

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# POINTERS

1. ADDICTION DEFINITIONS

2. TYPES OF ADDICTIONS

3. EFFECTS OF ADDICTIONS [GENERAL]

4. EFFECTS OF ADDICTIONS [ON MISSION]


5. EFFECTS OF ADDICTIONS [ON SOCIAL-  
TRANSFORMATIVE AGENDA]

6. INTERVENTIONS

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**ANY OTHER INQUEST?**



**DISCUSSIONS  
[IN TWO's]**

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## WOMEN STRUGGLING WITH ALCOHOL ADDICTIONS:



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# GROUP DISCUSSIONS

CREATE 6 GROUPS

ALL GROUPS GET 15 MINUTES TO  
DISCUSS

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# GROUP REPORTING

GROUP ONE REPORTING ON:

DEFINITION OF  
ADDICTION

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# DEFINITION:

An engagement in a preoccupation behaviour with an aim to achieving temporary satiative-appetitive effects, leading to loss of control and consequential suffering.

**BREAK [30 MINS]**

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# GROUP REPORTING

GROUP TWO REPORTING ON:

**TYPES OF ADDICTION**

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# TYPES:

## 1. Behavioural Addictions:

- Gambling
- Internet Gaming Disorder
- Shopping [Compulsive Buying Disorder]
- Sex Addiction

## 2. Drug Addiction

# ENERGIZER:

**A, A MILK SHAKE,**

**A MOZZARELLA PIZZA,**

**A STICKY STICKY WAFFLE,**

**ALL OF THE, ALL OF THE EGGS ARE BROKEN,**

**IT DOES'NT REALLY MATTER,**

**WE CAN DO IT...**



# GROUP REPORTING

GROUP THREE REPORTING ON:

GENERAL EFFECTS OF  
ADDICTION


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# EFFECTS:

1. PSYCHOLOGICAL
2. NEUROLOGICALLY
3. PSYCHOLOGICALLY
4. ECONOMICALLY
5. SPIRITUALLY
6. SOCIALLY

# Q&A a day

365 QUESTIONS \* 5 YEARS \* 1,825 ANSWERS

5\*YEAR JOURNAL 

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END OF DAY 1

Thank you!



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# Review time

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# RECAP

DEFINATION OF ADDICTION: Behaviour/ Getting Used/ Habit

Engagement

Preoccupation

Satiation

Loss of control/ Obsession/ Inability to say NO, Clinging

TYPES OF ADDICTION:

*BEHAVIOURAL* - Technological/ Gambling [internet gaming, betting], Workaholics, Sex, Shopping, Materialism, Sleeping.

*SUBSTANCE* - Cigarettes, Alcohol, Other Drugs, Stimulants, Hallucinogens, Sedatives.

EFFETC OF ADDICTION:

MYRIAD- Poverty, Poor Performance, Family [communication, violence], Diseases [Insomnia, Cancer]

PHYSIOLOGICAL, NEUROLOGICAL, PSYCHOLOGICAL, ECONOMICAL, SPIRITUAL & SOCIAL

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# GROUP REPORTING

GROUP FOUR REPORTING ON:

GENERAL EFFECTS OF  
ADDICTION

[MISSION]

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# EFFECTS ON MISSION

Mission is working with, in and for Christ: Healer [Relieves the pain of Suffering, Educator [Teaches Gospel Values: poor in spirit, meek, hungry for justice, merciful, purity, peaceful, persecuted for justice] the and Priest [Saviour of Mankind]

When the individual leader of the mission is affected by addictions, not only is he/she unable to deliver their leadership and pastoral mandate, but they may also negatively influence that which was planted by previous clergy/missionaries

Also, like other adults, the individual becomes an economic, psychological, behavioural, challenge to the self and to those close to him/her.

While noting clearly that the religious are human beings, their leadership positions, increase the effect of the challenge.

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# ENERGIZER:

**MINGLE**

**MINGLE**

**MINGLE**

**AAH!**

**MINGLE!**

**YAAAAAAH!!!**

# GROUP REPORTING

GROUP FIVE REPORTING ON:

GENERAL EFFECTS OF  
ADDICTION

[S/ TRANSFORMATION]

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## EFFECTS: ON S/ TRANSFORMATION

In the entire document, especially in the section on the effects of substance abuse, individual effects of substance abuse and subsequent addiction have been outlined. The physiological (affecting one's physical as well as inner health), neurological (decisions and brain functions), psychological (emotions, motivations and natural pleasure processes), economic (unfathomable direct and indirect costs associated with addictions), spiritual (wounded relation with the supreme Being and with religious-based congregations), and social (becoming a social misfit after losing character).

These effects render the individual unable to interact in social transformative agenda. Since for him/her the substance(s) that is/are at the base of the addiction is/are of supreme importance, time, focus, finances, as well as any opportunity or available resource, goes to satiate the urge (WHO, 2014; World Development Report (WDR), 2019).

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# GROUP REPORTING

GROUP SIX REPORTING ON:

INTERVENTIONS

[PREVENTIVE & CURATIVE]

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# INTERVENTIONS

	PREVENTIVE	CURATIVE
<b>INDIVIDUAL</b>	<b>Behaviour Change</b>	<b>Pharmacological CBT [Rehabs]</b>
<b>COMMUNITY CONGREGATION</b>	<b>Awareness or Fertile Ground for Addictions</b>	<b>Cohesion Attitude: Merciful Father</b>
<b>CHURCH</b>	<b>It's Our Business</b>	<b>Educate People on Acceptance</b>
<b>SOCIETY</b>	<b>Advocacy God</b>	<b>Advocacy Finances Justice Chiefs</b>

# ACTION PLAN

## INDIVIDUALS

**ALL PERSONS GET 2 MINUTES TO  
PRESENT**

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# RECAP & CLOSURE

## WHAT HAVE WE LEARNT

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END OF DAY 2

Thank You

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