

## **CURRICULUM VITAE**

**Dr Kiingati John Bosco**

P. O. Box 24032-00502, Nairobi.

Mobile: +254 722 305 451/ +254 732 84 87 81

Email: kingatijb@yahoo.com/ kingatijb@gmail.com

### **EDUCATION**

2014-2019: Tangaza University College: Catholic University of Eastern Africa, **PhD in Social Transformation-Sustainable Development.**

Thesis Title: A Discourse Analysis of Widow Psychosocial Experiences and their Self-Identity.

Areas of focus: Linguistics (Discourse Analysis); Psychology & Sociology (Widow Psychosocial Experiences) Supervisors: Prof. Sahaya G. Selvam and Prof. Orpha, K. Ongiti

---

2001-2003: University Ireland Cork, **Post Graduate Diploma:** Psychological Counselling.

2000-2002: University of Nairobi, **Master of Arts:** Linguistics: Thesis topic: "*A Discourse Analysis of Homilies.*"

1987- 1990: Kenyatta University, **Bachelor of Arts:** Linguistics, Philosophy & Religious Studies.

### **TECHNICAL AND PROFESSIONAL SKILLS ACQUIRED**

- 1 Research-**Undergraduate (Linguistics, Philosophy & Religious Studies), Masters (Linguistics), Post-Graduate Diploma (Psychology) and PhD research covering: Linguistics, Psychology and Sociology, focusing on youth and gender issues.
- 2 Data Analysis-** As part of my graduate studies and continued work since the graduate studies, I have worked with large amounts of data where I have been able to collect, clean, analyze data, and draw logical conclusions.
- 3 SPSS, NVivo, and Excel-** I have developed skills and have proven abilities based on computer programmes used in the analysis of both quantitative and qualitative data.
- 4 Financial Integrity in Administration-** Two workshops attended (2018 & 2019) on managing donor funding and integral accountability & transparency (Edmund Rice Missions in East Africa-ERMEA)
- 5 CBC Implementation-** (2023) Workshop on CBC implementation with special focus on Junior and Senior Secondary School (Kenya Institute of Curriculum Development & Catholic Diocese of Ngong)

## **PROFESSIONAL EXPERIENCE**

### **Administrative Experience**

**Programmes Coordinator/Director:** Afro-Heritage Consultancies, (November, 2015 - Present)

**Director:** Edmund Rice Dairies (March, 2024- Present)

**Assistant Director and Diploma Programme Coordinator:** Embulbul Education & Counselling Centre: 2012-2015

**Head of Department:** (Humanities and Languages), Kibiko Secondary School (1991)

### **Teaching Experience**

#### University Level:

**Lecturer:** (April 2012 - 2021), **Tangaza University College:**

Proficiency in English

English for Academic Writing

Methodology for Research

Academic Writing

Counselling Psychology (Human Development)

#### Other Tertiary College(s)

**Full-time lecturer:** 2013-2015: **Embulbul Education & Counselling Centre:**

Theories of Counselling Psychology

Research Methodology: Quantitative & Qualitative

Designs Academic Writing

Employability & Numeracy Skills

Counselling Psychology (Human Development)

Counselling Skills & practice

**Part-time team member:** 2015- present: Embulbul Education & Counselling Centre: Counselling Psychology

**Part-time lecturer:** 2015- 2021: Christian Institute of Human Sexuality: Counselling and Sexuality

#### High School Level

-Teaching Subjects: (1) English (2) Kiswahili (3) Christian Religious Education [CRE] (4) Literature (5) Fasihi

1. 1986-1987: Ng'ambo Secondary School (Catholic Diocese of Nakuru) (taught English, Kiswahili and CRE)
2. 1989: Oololaiser Secondary School Ngong (taught English, Kiswahili language, Literature & Fasihi)
3. 1990-1991: Kibiko Secondary School Ngong (Catholic Diocese of Ngong) (taught English, Kiswahili language, Literature & Fasihi, and CRE)

### **Counselling Services to Different Organisations among them**

Tangaza University, Langata

Embulbul Education & Counselling Centre, Ngong

Nyumbani Children's Home, Karen

Karen Hope Street Boys Centre, Ngong

## **Research Experience**

### **(i) Main Researcher**

**Title: *Discourse Analysis of Widow Psychosocial Experiences and their self-identity (2017-2019).***

This qualitative study was conducted among widows living in Ngong Sub- County, Kajiado County Kenya. PhD Thesis in Social Transformation (Sustainable Development), Catholic University of Eastern Africa (Tangaza College). Available at <https://afroheritageconsult.org/wp-content/uploads/2024/07/A-Discourse-Analysis-of-Widow-Psychosocial-Experiences-and-their-Self-Identity-A-Study-in-Social-Transformation.pdf>.

**Title: *Discourse Analysis of Homilies (2001-2).*** Masters Thesis, University of Nairobi: This case study was conducted among Catholic priests in Nairobi. Kenya

### **(ii) Co-Researcher**

**Title: *Somali Youth Economic Inclusion Policy: Empower Somali youth by Exploring Skills and Competencies required for Blue, Green, Digital and Service Job Markets, through TVET:*** Carcoforo L., & Kiingati J. B. (2023/4). In collaboration with Iftiin Foundation, a key partner of the Netherlands Embassy in Somalia.

### **(ii) Research Guidance, Assistance & Editing (completed):**

**Title: *The Impact of Indigenous Manga Rituals on Traditional and Modern Political Leadership among the Luba People of Kasai in the Democratic Republic of Congo (2020):*** (Student: Bakamana David Bilungule) PhD in Social Transformation, Governance. Tangaza University College. Kenya

**Title: *Christian-Muslim Dialogue for Sustainable Peace and Development in the Oromia Region Ethiopia from 1991-2022:*** (Student: Abraham Hailu) PhD in Social Transformation, Sustainable Development (Peace): Tangaza University College. Kenya

**Title: *Impact of Short Term Credit on MSMEs- A case of Jaza Duka credit programme.*** (Student: Wanjiku Githo). B. Econ. & Finance. Strathmore University.

**Title: *Influence of the Reintegration Program on Economic Empowerment of the Rehabilitee: A case Study of Venegas Rehabilitation Centre, Mzuzu Malawi.*** (Student; Kayange A. W.) BA in Sustainable Human Development

### **(iii) Research Guidance, Assistance & Editing (ongoing):**

**Title: *Edmund Rice Catholic Educational Centre Needs Assessment, Strategic and Sustainability Plan 2024-2028:*** Kiingati J. B. (Board Chair: guiding the SP Process).

**Title: *Effective clinical teaching strategies applicable to the training of Bachelor of Science in Nursing (BScN) students in Kenya:*** (Student: Grace Wangechi Gachuiiri: PhD student, University of Nairobi). Kenya.

**Title: *Competency-based Curriculum Implementation and Verifiable Social Transformative Values in the Public Catholic-Sponsored Schools in Ngong Sub-County, Kenya:*** (student: Lucianna Wanyahoro: PhD Tangaza university college). Kenya.

**Title: *Dynamics of Social Organising to Sustainable Conflict Management among the Turkana and Dassanech Pastoral Communities in the Ilemi Triangle, Kenya-Ethiopia:*** (student: Oliver Noonan: PhD Tangaza university college). Kenya.

**Title: *Personality Theory of Christian Spirituality for Psycho-Spiritual Counselling in Africa.*** (Student: Mary Ogo: PhD Unem University). Costa Rica.

**University Supervisor & Editor of Academic Papers**

- Supervised, research assisted and graduated over 20 students (Bachelors) from Tangaza University College
- Edited eleven PhD papers in the areas of Sociology, Communication, and Theology
- Edited over 30 papers in the areas of Sociology, Communication, Theology, Spirituality & Counselling

## **CONFERENCE ATTENDANCE AND PRESENTATIONS**

### **CONFERENCE ATTENDANCE**

1. 17<sup>th</sup> February, 2023: Secularization of the Youth: Nairobi County: Don Bosco Utume.
2. 2<sup>nd</sup> - 4<sup>th</sup> October, 2018: Issues affecting African Women: *Institute of Social Mission: Tangaza University College.*
3. 2<sup>nd</sup> - 4<sup>th</sup> October, 2018: Issues affecting African Women: *African Women Studies Centre: University of Nairobi.*

### **CONFERENCE PRESENTATIONS at Tangaza University and The University of Nairobi**

1. Kiingati John Bosco (14<sup>th</sup>/15<sup>th</sup> October 2016): *The Identity of the African Widow: Institute of Social Mission: Tangaza University College.*
2. Kiingati John Bosco (September/October 2017): *Psychosocial Experiences facing African Widows: Institute of Social Mission: Tangaza University College.*
3. Kiingati John Bosco (September, 2018): *Spirituality of the African Widow in Relation to her Identity: Institute of Youth Studies: Tangaza University College.*
4. Kiingati John Bosco (September/October 2018): *Socio Cultural Experiences facing African Widows: African Women Studies Centre: University of Nairobi.*  
<https://erc.uonbi.ac.ke/sites/erc.uonbi.ac.ke/files/2020-10/3RD%20AWSC%20ANNUAL%20CONFERENCE%20PROGRAM%20DRAFT%20OCTOBER%2018%202020.pdf>

### **Recent Workshops (2024 & 2023)**

1. Kiingati John Bosco (18<sup>th</sup> July, 2024). Kenya Good Neighbors Annual Conference Enhanced Capacity through Emotional Intelligence and Communication Skills. Available at <https://afroheritageconsult.org/wp-content/uploads/2024/07/Enhanced-Capacity-through-Emotional-Intelligence-and-Communication-Skills-for-an-Improved-Self-and-Enlightened-Conduct-at-Work-July-2024-Workshop.pdf>
2. Kiingati John Bosco (4<sup>th</sup> and 5<sup>th</sup> April 2024) Association Sisters of Kenya. Addictions: A Progressive Disease. Kiingati J.B. (2024) Addictions: A Gradual Development Disease. Available at <https://afroheritageconsult.org/?p=6767>
3. Kiingati John Bosco (8<sup>th</sup> March 2024) Edmund Rice Catholic Educational Centre: The Transition to CBC. <https://afroheritageconsult.org/?p=6715>.
4. Kiingati John Bosco (10<sup>th</sup> February 2024). Daughters of St Joseph: Nazareth School. Are my Learners up to the Task...Discipline.
5. Kiingati John Bosco (27<sup>th</sup> January, 2024). Daughters of St Joseph: Nazareth School. Are my Learners up to the Task... Child's Success.
6. Kiingati John Bosco & Mike Mideli (3<sup>rd</sup> to 9<sup>th</sup> December, 2023): Living Fully Peacefully: Catholic Diocese of Marsabit youth from Maikona, Baddha Hurri, Turbi, and Kalacha Parishes (over 400 participants). Documentary Link <https://youtu.be/d0H4BTV4P08>.
7. Kiingati John Bosco (14<sup>th</sup> November, 2023) Naivasha Correctional Facility. Staff Wellness and Performance.
8. Kiingati John Bosco (15<sup>th</sup> & 16<sup>th</sup> November, 2023) Association Sisters of Kenya:- Chemichemi: Addictions and Mission.

- <https://afroheritageconsult.org/wp-content/uploads/2023/03/Addictions-.pdf>.
9. Kiingati John Bosco (12<sup>th</sup> October, 2023) Edmund Rice Catholic Educational Centre: Empowering the Self Through Emancipation.
  10. Kiingati John Bosco (23rd August 2023) GIMCO Ltd Upperhill, Staff Workshop: Mental Staff Wellness (Self interest, self evaluation, self acceptance, self esteem, self actualization and self Transcendence, Relationship with self, with others at home and at work; maximal staff productivity).
  11. Kiingati John Bosco (2023). No Child Left Behind – A multi-sectoral approach to inclusion. The 2<sup>nd</sup> Ubuntu Special Needs & Inclusive Education Conference on 18th August, 2023 at KISE (16th to 18th August, 2023). <https://afroheritageconsult.org/wp-content/uploads/2023/08/No-Child-Left-Behind---A-Multi-Sectoral-Approach-to-Inclusion-.pdf>.

**NB:** Visit our website: <https://afroheritageconsult.org/> the Blogs section, for more informative articles.

#### Youtube Inputs on Programmes in Collaboration with Different Corporates

1. Kiingati John Bosco and Mike Mideli (2023) Afro Heritage Team Building, Nazareth School <https://www.youtube.com/watch?v=-LLRChbHWAQ>.
2. Kiingati John Bosco (2022) Transitional Life Skills & PICO Youth Programme [Afroheritage & Cheza Cheza Partnership] <https://www.youtube.com/watch?v=tyRmHDHDzY8>.
3. Kiingati John Bosco & Mike Mideli (3rd to 9th December, 2023): Living Fully Peacefully: Catholic Diocese of Marsabit youth from Maikona, Baddha Hurri, Turbi, and Kalacha Parishes (over 400 participants). Documentary Link <https://youtu.be/d0H4BTV4P08>.

#### TEACHING COMPETENCIES AND INTEREST

1. Linguistics: Phonology (Both English and Kiswahili)  
Morphology (Both English and Kiswahili)  
Sociolinguistics (Both English and Kiswahili)  
Psycholinguistics  
Discourse Analysis
2. English Proficiency & Academic Writing
3. Theories of Sociology & Theories of Social Transformation
4. Sustainable Development
5. Urban-Rural Development
6. Gender and Development
7. Psychology: Theories of Counselling Psychology  
Skills and models in Counselling  
Psychology Human Development
8. Research Methods: Both quantitative & qualitative
9. Developmental Studies: Theories of Development

#### **PUBLICATIONS**

**Books:** (For availability of books under Afro-Heritage Consultancies: + 254 792 633 211 or Email [info@afroheritageconsult.org](mailto:info@afroheritageconsult.org)).

1. Kiingati John Bosco (2024). *Master English Book One*. Nairobi: Afro-Heritage Consultancies.
2. Kiingati John Bosco (2024). *The Cuts* (a Female Genital Mutilation:- FGM novel). Nairobi: Afro-Heritage Consultancies.
3. Kiingati John Bosco (2023). *Widow Psychosocial Experiences: A Discourse Analysis*.

Lambert Academic Publishers. How to purchase

<https://www.ebay.com/itm/364772895278>.

<https://www.takealot.com/all?filter=Author:John%20Bosco>

<https://www.amazon.sg/Widow-Psychosocial-Experiences-Their-Self-Identity/dp/6206164810>

4. Kiingati John Bosco (2019). *The World of Widows: A Social Transformation Experience*. Claretian Publications. (Availed by Afro-Heritage Consultancies Ltd)
5. Kiingati John Bosco & Doreen Mwangi (2019). Elementary Level: Teaching of English as Foreign Language Programme (TEFLAP); Tangaza University College
6. Kiingati John Bosco & Doreen Mwangi (2019). Intermediate Level: Teaching of English as Foreign Language Programme (TEFLAP); Tangaza University College
7. Kiingati John Bosco & Doreen Mwangi (2019). Advanced Level: Teaching of English as Foreign Language Programme (TEFLAP); Tangaza University College

#### Articles: Published in international scholarly journals

1. Weldu, A. H. & Kiingati, J. B. (2024). Christian-Muslim Narratives and their Dialogue for Sustainable Peace and Development in the Oromia Region, Ethiopia. *African Journal of Empirical Research*, 5(3), 370-383.  
<https://doi.org/10.51867/ajernet.5.3.33>
2. Bakamana, D. B. & Kiingati, J. B. (2021). Dynamics of Social Transformation: Myth and Reality in Africa. *Journal of African Interdisciplinary Studies*, 5(8), 76 - 101.  
<https://kenyasocialscienceforum.wordpress.com/wp-content/uploads/2021/08/pdf-david-bilungule-bakamana-john-kiingati-dynamics-of-social-transformation.pdf>

#### Selected papers published on afroheritageconsult.org. Website

1. Kiingati, J. B. (2024). What does it take for a community to be honest. Available at <https://afroheritageconsult.org/wp-content/uploads/2024/07/What-does-it-take-for-a-community-to-be-honest.pdf>
2. Kiingati, J.B. (2023). Unearthing Depression <https://afroheritageconsult.org/wp-content/uploads/2023/09/unearthing-depression-.pdf>.
3. Kiingati, J.B. (2023). Discourse Analysis of Widow Psychosocial Experiences and their Self-Identity: A Focus on Socio-Cultural Experiences.  
<https://afroheritageconsult.org/wp-content/uploads/2023/06/Discourse-Analysis-of-Widow-Psychosocial-Experiences-and-their-Self-identity-A-focus-on-socio-cultural-experiences.pdf>.
4. Kiingati, J.B. (2023). Suicide. Available at Blogs.  
<https://afroheritageconsult.org//p=6700>.
5. Kiingati, J.B. (2022). The Association between Widowhood and Identity Loss; A Systematic Literature Review. Available at <https://afroheritageconsult.org/wp-content/uploads/2023/04/Systematic-Literature-Review.pdf>.
6. Kiingati, J.B. (2022). Effects of Addiction on the Mission and Social Transformative Agenda: A focus on the African Catholic Religious. Available at <https://afroheritageconsult.org/wp-content/uploads/2023/03/Addictions-.pdf>.
7. Kiingati, J. B. (11th January, 2022). Commitment: A Prerequisite for Social Transformation. Available at Blogs. <https://afroheritageconsult.org/?m=202201>.
8. Kiingati, J. B. (17th March, 2022). Commitment: A Prerequisite for Social Transformation. Available at Blogs. <https://afroheritageconsult.org/?p=6224>.
9. Kiingati, J. B. (14th June, 2022). Is Africa Drunk? Available at Blogs.

<https://afroheritageconsult.org/?p=6268>.

10. Kiingati, J. B. (16th July, 2022). Africa-Kenya! Where are we? Available at Blogs. <https://afroheritageconsult.org/?p=6290>.
11. Kiingati, J. B. (15th November, 2022). Understanding Corruption (parts 1, 2, & 3). Available at Blogs. <https://afroheritageconsult.org/?p=6374>.
12. Kiingati, J. B. (31st August, 2021). Commitment: A Prerequisite for Social Transformation. Available at Blogs. <https://afroheritageconsult.org/?m=202108>.

## **SELECTED EDITED WORKS**

1. The African Bible (Biblia ya Kiafrika): (Pauline Publications) Lead linguist editor and translator
2. The Bible Diary 2019, 2020, 2021, 2022, 2023, 2024: (Claretian Publications) English, Kiswahili
3. The Deadly Money Maker (Makanyengo Judy) (Pauline Publications)

## **AWARDS AND FELLOWSHIPS**

Certificate of Outstanding Performance: PhD Programme: Tangaza University College  
2016/2017

## **PROFESSIONAL MEMBERSHIPS**

1. 2003- present: Member of the Kenya Counsellors and Psychological Association
2. 2009-2019: Advisory Board Member: Embulbul Catholic Dispensary
3. 2012-2015: Academic Board Member: Tangaza University College
4. 2018 – 2021: Management Board Member: Embulbul Education and Counselling Centre (EECC)
5. 2017 – Present: Chair of the Board of Management: Edmund Rice Catholic Educational Center (ERCEC)
6. 2023 – Present: Member of the Nazareth School PTA: Daughters of St Joseph of Caburlootto.

## **ONGOING PROGRAMMES**

1. 2019 to 2023: In Collaboration with Catholic Diocese of Ngong (5 Catholic Sponsored Schools) Transitional Life Skills Programme
2. 2019 to present: In Collaboration with Cheza Cheza Dance Foundation Kibera:
  - Transitional Life Skills Programme (Youth Between 14 to 19 years)
  - Personal, Intelligences (Multiple) Career & Opportunities (Young Adults 20-30 years)

## **SELECTED TRAINING, SEMINARS, AND WORKSHOPS (Between 2009-2019)**

2009/10	Association Sisters of Kenya (ASOK): Clergy: Catholic Diocese of Ngong:	Workshop on Stress Management Stress Management Personality: The Enneagram
	Clergy: Catholic Diocese of Nyeri:	Stress Management
2012	Embu University College Staff:	English for Official Communication:
2016	Educators from Ngong Sub-location:	Educating from the heart
2017	Little Daughters of St Joseph Sisters:	Personality: Johari Window & The Enneagram:
2019	Sisters of St Joseph of Caburlootto	Relationship between Educator & Learner

2015-2019 (Every June)	(teaching staff) Salesians of Don Bosco (Utume)	Psychological Implications upon entering Permanent Commitment
2019	Pentecostal Church forum (Kawangware)	Youth sexual purity

**COMMUNITY AND VOLUNTARY SERVICES**

1. 2002-2006:Counselling Prisoners: Nairobi West Male Prison & Lang’ata Women Prison
2. 2016/2017: Trade Judge: Nairobi International Trade Fair
3. 2017-2023: (Every January/February): Form Four graduates Mentorship Programme in conjunction with Daughters of St Joseph of Caburlotto

**REFEREES:**

Prof. Sahaya G. Selvam, Director Don Bosco Youth Educational Services, Kenya & Former Deputy Vice Chancellor (Academics). Tangaza University College. P.O.Box. 15055- 00509, Nairobi, Kenya. Tel #: 0732 539 282; Email: selvamsdb@gmail.com.

Prof. Orpha K. Ongiti, Director, African Nazarene University, Nairobi CBD Campus. P.O.Box. 51255-00200, Nairobi, Kenya. Tel # 0728 541 891: Email: ongorpha@yahoo.com

Dr Edel Churu. Dean School of Arts and Social Sciences. Tangaza University College. P.O.Box. 15055- 00509, Nairobi, Kenya. Tel #: 0738 127 023; Email: beatrice.churu@gmail.com.